

# SELF

Beauty | May 3, 2017 | By Jessica Cruel

## 25 Antiaging Skin-Care Products Dermatologists Actually Use Themselves

---

Hold up: Buying everything ASAP.

While some people want to know what celebrities and **models** use on their skin, I've always been more curious to get inside the bathroom vanities of dermatologists (what can I say, I'm a beauty geek). Just think about it: The derms are telling the A-listers what to use on their faces in the first place!

These skin-care professionals have access to the newest product innovations and scientific research, so they know when a serum or cream is truly groundbreaking or total BS. Oftentimes, dermatologists carry their favorite brands in their office to share with patients. But the real test in efficacy is if the product makes it into their daily skin-care routine. I mean, when your business is skin care, your face is kind of like a walking billboard.

We polled a panel of **RealSelf** dermatologists to find out which products they use daily. Hint: **Sunscreen** is the first thing on everyone's list, because it's the best antiaging product around. Ahead, you'll find a few well-known drugstore favorites. There are also brands you've likely never heard of. Warning: You'll want to buy everything here because if it's good enough for a doctor, it's gonna totally blow your mind.



## 22

### **Senté Dermal Repair Cream, \$170**

When we asked our derm team about the most exciting new technology, the Senté brand was mentioned more than once. This cream is packed with Heparan Sulfate Analog. "The technology behind HSA is to mimic the endogenous heparan sulfate found in our skin, which plays a critical role in skin health, aging, and wound healing," says Dr. Schweiger. HS also maintains and supports collagen and elastin in the skin. "As we age, the HS levels in our skin decrease and leads to photo-aged and dehydrated-looking skin."